

Winter Walking and Navigation

- The courses are designed for the summer walker who wants to extend their season and sample the delights of some snow and to give you a sound knowledge of hill-craft, micro navigation, with the ability to move safely and competently over mountain/moorland terrain in any weather day and night



The courses are tailored to the needs and ability of the group or individual to develop hill and navigation skills such as:-

Route selection

Use of map symbols
 Grid references
 Contour lines

Use of a compass taking a bearing

Walking on a bearing

Aiming off

Timing

Pacing

Use of handrails/attack points

Slope aspect

Night navigation

Weather

Route cards

Emergency procedures

Search techniques Sweep
 Expanding spiral

Course Dates

Night Navigation 19th, 26th January, 16th, 23rd, Feb. 9th, 16th March Cost £15.00 per night

1 day Navigation 17th, 24th January, 21st February, 7th, 14th March Cost £44.00 per day

2 day navigation 20th, 21st Feb, 6th, 7th and 13th, 14th March Cost £85.00 per course

A minimum of 4 participants is required for the course to run. If the numbers are not reached a full refund will be given.

Other courses will be available later in the season, check the website for updates.